



The Hawks Nest

POB Physical Education, Health, Athletics and Recreation

POB

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Fitzpatrick and Simon Athletes of the Year



This newsletter marks the end of another successful year of Hawks Interscholastic Athletics. The 2015-16 year saw the Hawks reach great heights both on and off the field. Two student athletes were named to All American teams and three were named to All-State teams. The Gymnastics and Boys' Soccer teams each won Conference Championships.



This was an especially exciting year for the Hawks. Sophomore gymnast, **Miranda Lund**, and junior boys' tennis player, **Yuval Solomon**, were crowned NYSPHSAA State Champions. Miranda became the 1st student athlete in over 30 years from POB to receive such an honor. The Football and Boys' Golf teams were crowned state champions in the *Scholar Athlete Team Award*.

At the year end Senior Awards and Wall of Fame dinner, sponsored by POB Athletic Booster Club, multiple awards and scholarships were handed out. **Jamie Simon** (Gymnastics) and **Brendan Fitzpatrick** (Football, Basketball) were named the 2015-16 Senior Student Athletes of the Year.

Brendan was a 3 year varsity football and basketball player. In basketball he was named All-Conference as a sophomore, All-County as a junior and as a senior he was named Honorable Mention All-State. This year he became the first Hawk to surpass the 1000 point mark. Next year Brendan will be attending SUNY-Cortland, where he will continue his basketball career.

Jamie, earned 6 varsity letters in gymnastics during her career. She was named to the All-County team 5 times and earned All-State honors as a senior. During her career the Hawks gymnastics team won 2 County and 3 Conference Championships! Jamie will be attending the University of Vermont in the fall.

Boys' Tennis—A Season for the Record Books!



The 2016 Boys Tennis Season was one for the books. After a stellar 2015 season the Hawks were bumped up to the "Elite 8" Conference. Confronted with the notion that they would be playing the toughest tennis programs in the county and with some hair-splitting losses to begin the season, the task seemed daunting, but the Hawks never faltered.

The Hawks were lead by Yuval Solomon, the reigning Nassau County champion and runner-up for the State title from 2015. But like it takes a village—it takes a team. At the mid-way point of the season the Hawks stood at 2-5 in Conference competition. With just a few weeks left, crucial wins came in rapid succession, as we got wins from the double team of Evan Lander and David Weissman, and wins from our second and third singles player, 8th graders Anthony Casale and Jared Phillips. Often the match winning court was occupied by the doubles team of Zach Gorfinkel and Nick DeChi-aro. On four separate occasions this season our matches were decided by Zach and Nick winning their doubles match.

These victories vaulted the Hawks into the Nassau County playoffs as the 4th seed. The Hawks advanced through the first two rounds of the County playoffs with wins over East Meadow and Great Neck North. The Hawks were defeated in the semi-finals by the Nassau County Champions Syosset. Placing 4th in the County, this was a season of tremendous team success.

Individual success comes with the name Solomon. Yuval captured his 2nd straight Nassau County Singles Championship, he has not dropped a match in Nassau County in over 2 years. Yuval continued his dominant ways into the State tournament which saw him capture the NYSPHSAA State Championship!!! He was also named to the USTA All-American team.

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Spring Season Recap

Yuval Solomon - Boys' Tennis

- Nassau County Champ
- NYSPHSAA Champ

Boys' Golf

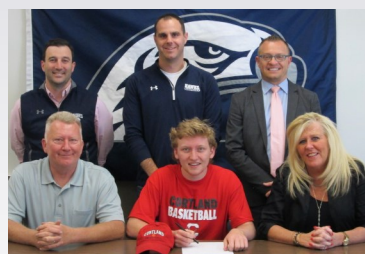
- NYSPHSAA Scholar Athlete Team State Champions

1—All American

3—All County



Yuval Solomon was named Newsday All-Long Island 1st team and Player of the Year in Boys' Tennis



Brendan Fitzpatrick has committed to Cortland University. Brendan will continue his athletic career as a member of the Red Dragon basketball team.

Girls' Outdoor Track



The varsity girls' outdoor track team was lead this season by freshman and some new additions. Freshman Sinead Heaney was the MVP for the team, dominating the top position in the 800m, 1500m, 2000m steeple, and was part of the 4 X 100m relay team. Sinead represented the school in the County Championships in the 2000m steeple and was ranked 6th in the County. Freshman, Jane Wernow, also qualifying for Counties in the steeple chase. Jane was the team's top runner in the 3000m during the season and 2nd

to Sinead in the 800m and steeple. A new addition to the team is sophomore, Giselle Munoz, who excelled in the pole vault. Giselle qualified for counties and represented the Hawks in pole vault. Other outstanding freshmen at the top of the teams leaderboard were Isabel Wallach and Emily Yagudaev in the 100m, Samantha Battista in the 200m, Sarah Kim in hurdles, and Jenna Chow in long and triple jump. Best of luck to all the seniors n their future endeavors.

Hawks Baseball

The 2016 Hawks varsity baseball team enjoyed a good season. It all started with the program's first trip to spring training. This spring, the team took a bus ride down with Jericho HS to The Ripken Experience in Myrtle Beach, South Carolina. That helped the team bond and become a very close, tight knit group. The team finished 13-8 overall, including reaching the playoffs. The league title came down to the last series of the season. The Hawks needed a sweep of Hicksville, which they got, but didn't get the help they needed. East Meadow ended up sweeping their last series as well, finishing one game better(12-3) than the Hawks(11-4). The Hawks then went on to beat VSC in the first round of the playoffs, 11-9 on Saturday, May 14th.

That got the Hawks a best of three quarterfinals matchup against conference rival East Meadow, who the Hawks had taken the series from in the regular season two games to one. Two very even teams going at it and the scores of both games reflected that. The Hawks lost the first two games and were eliminated. The first game was an extra inning affair that ended 4-3 and the second game ended up 6-4 with the Hawks having the bases loaded in the bottom of the 7th for the tie and win, but couldn't get the big hit they needed. The Hawks battled and competed hard all year long. They played like a team and played for one another.

Best of luck to all the seniors and those coming back there is some unfinished business to take care of.

Hawks moving on to College

It is with great pleasure that I announce that 14 Plainview-Old Bethpage student athletes have decided to pursue a college degree while participating in collegiate athletics.

- Barbara Badeer—Soccer—Binghamton (D 1)
- Nicholas Conti—Lacrosse—CW Post (D 2)
- Maria Conigilio—Volleyball—Johnson and Wales (D 3)
- Brian DeGennaro—Lacrosse—Misericordia University (D 3)
- Brendan Fitzpatrick—Basketball—SUNY Cortland (D 3)
- Joseph Galasso—Baseball—Mount Saint Mary College (D 3)
- Amanda King—Soccer—SUNY Cortland (D 3)
- Michael Levine—Baseball—RPI (D 3)
- CJ Mazzocchi—Lacrosse—Manhattan College (D 1)
- Kevin Pastier—Lacrosse—Molloy College (D 2)
- John Rotchford—Soccer—Molloy College (D 2)
- Jake Saltzman—Baseball—Molloy College (D 2)
- Jake Supran—Baseball—Ursinus College (D 3)
- Kyle Supran—Baseball—Ursinus College (D 3)





Boys' Golf—Excellence on and off the course

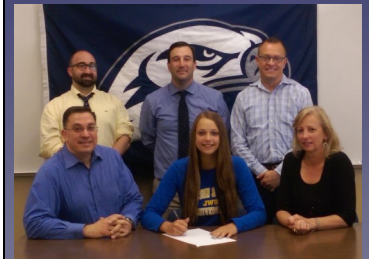


The 2016 Varsity Boys' Golf team had an outstanding season, one of the most successful seasons in history of Plainview-Old Bethpage golf. Much of the success the Hawks had this year was due to the leadership of the seniors: Dylan Burd, Justin Conroy, Jake Friedman, Seth Pearl, Cory Wolin, and Josh Wolin. Right from the outset of the

season the seniors set a tone for what would prove to be a remarkable season. The Hawks got off to a hot start, winning 5 of their first 6 matches, and they carried that momentum into Counties .

The Hawks made it to the final day of the Nassau County Tournament, an accomplishment in itself, where they competed for the County Championship against some of the best golfers on Long Island. Led by Junior Dan Lee's 75 on day 1 and 78 in the final round, the Hawks ended up finishing 6th in the tournament out of the 18 teams and 120 individuals that competed. Lee completed the tournament finished in a tie for 10th among individuals.

The Hawks golf team also proved to be successful off the course where they performed at a high level, as they were crowned this year's New York State Public High School Athletic Association Spring Scholar Athlete State Champions.



Maria Coniglio has committed to Johnson and Wales University. Maria will continue her academic and athletic career as a member of the Wildcats volleyball team.

Catching up with our Alumni

Seth Norman—(Class of 2011) Molloy College—Baseball—Pitched 34.1 innings, with 22 strikeouts, and 2 wins.

Ryan Corbett—(Class of 2012) Farmingdale State—Lacrosse—Played in 17 games and had 3 assists.

Georgia Kalamidas—(Class of 2012) Farmingdale State—Lacrosse—Played in 3 games and recorded 1 win.

Heather Fitzpatrick—(Class of 2013) SUNY-Oneonta—Lacrosse—Played in 17 games scored 2 goals and 3 assists.

Alex Seltzer—(Class of 2013)-NYIT- Lacrosse—Played in 18 games, Won 13, Had a GAA of 7.33 and a 196 saves. Named the *2016 ECC Goalkeeper of the Year* and *1st team All ECC*. He was named the ECC Defensive Player of the Week, USA/Lids Team Sports Division II Defensive player for the week of March 7th.



Domenic Palumbo—(Class of 2014) - Farmingdale State—Baseball—Played in 26 games and batted .316 with 15rbi and 4 doubles.

Robert Ensmenger—(Class of 2014) Alfred University—Lacrosse—Played in 12 games, scored 2 goals and had 1 assist.

Joseph Marvel—(Class of 2014) NYIT—Baseball—Played in 1 game.

Chris Tracz—(Class of 2014) Marist College—Baseball— Played in 8 games, started 4 games, and had 1 double and 1rbi on the year.

Jessica Steinhilber-(Class of 2015) - Utica College—Lacrosse—Played in 5 games with 2 goals on 4 shots.

Thomas Ensmenger—(Class of 2015) Drew University—Lacrosse—Played in 15 games, scored 8 goals and had 5 assist.



Joe Galasso has committed to Mount Saint Michaels College. Joe will continue his academic and athletic career as a member of the Knights baseball team.



CJ Mazzocchio has committed to Manhattan University. CJ will continue his academic and athletic career as a member of the Jaspers lacrosse team.

High School Physical Education



As the year began the High School Physical Education Department began to incorporate a Fitness Based Curriculum into the curriculum. Every 2 weeks students would participate in 3 different fitness based workouts designed to expose students to the 5 components of fitness. The workouts were developed around a Cross-Fit model and exposed students to the concepts of setting goals for personal levels of fitness and developing a personal fitness diary.

“Continuous effort—not strength or intelligence—is the key to unlocking our potential.”

Sir Winston Churchill

As the year progressed POB JFK HS students and staff participated in two highly regarded Physical Education events. The first event was *“The Most Physically Educated Student”* contest hosted by Adelphi University. One 11th grade male and female student represented POB-JFK at the event. The two students participated in 4 categories: An Essay on the importance of and your experience in Physical Education. Individual Fitness Levels of Strength and Cardiovascular Endurance. Ability to participate and adapt in large team and small team sport situations. Ross Cohen and Joanna Savino represented POB-JFK at the event and competed to the best of their abilities.

Six students attended the *Hofstra Leadership Conference* which was highlighted by a presentation from Dr. Greg Dale - Sports Psychologist from Duke University. The students attended and participated in leadership scenarios for athletes in today's world, were guided through deep discussion and debate about how participation in athletics can have positive/negative effects depending upon the world around us.

The PE program finished the year with the first ever *Hawk Fitness Trials*. Students were asked to team up and compete in four different fitness trials to test levels of fitness, ability to problem solve, communicate and utilize strengths while acknowledging weaknesses to attain either a Gold, Silver or Bronze medal in each event.

The department will be expanding next year with the introduction of several new electives; Beginners and Advanced Yoga, Core Fitness and Aquatic training.

Stratford Road - Circus Time!!!



On June 10th Stratford Road hosted its 10th annual 4th Grade Circus. Each year the National Circus Project (NCP), has been doing workshops with the students and a student show with our 4th graders.

The circus week brings fun and excitement for all of the students at Stratford Road. The week consists of all grades getting a workshop during their Physical Education class, while the 4th grade comes down throughout the week to work on their skills and act. The acts change from year to year and this year was no different. This year's show featured Stilts, Diablo, Devil sticks, Balancers, Clowns, Wire Walkers, Jugglers, and Acrobats. Most of the 4th grade students come in 45 minutes early before school started to practice their skills and routines. This program has helped kids come out of their shells and realize their potential. It's a great self-esteem builder for the students.

This years show was also featured in Newsday as part of a story on, Little Lou, a professional clown that's part of the National Circus Project.

The program is not possible without the support from the entire staff at Stratford Road and the PTA. I look forward to many more shows in the future.

“Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.”

Thomas A. Edison





POB Booster Club—I've Got your Back Award

The POB Athletic Booster club is sponsoring a new award that will recognize JV and Varsity Student Athletes. The award will given to student athletes that best exemplify the traits of being a great teammate and willingness to help others succeed. This season's award winners are:

JV— Ryan Cohen (Boys' Tennis), Michael Cole (JV Baseball), Timmy Rea (Boys' Lacrosse) , Michael Gustafson (Boys' Golf)

Varsity— Alex Fried (Boys' Tennis), Josh Graham (Boys' Tennis), Jake Slatzman (Baseball), Jason Napoli (Boys' Lacrosse), Samantha Fried (Softball), Ross Gillman (Boys' Outdoor Track, Jon Eliassof (Boys' Outdoor Track), Jaeanie Uy (Girls' Outdoor Track), Bailey Bravin (Girls' Lacrosse) Cory Wolin (Boys' Golf), Mia Bonventre (Girls' Golf)

Fitness Fact:

"Memory retention and learning functions are all about brain cells actually changing, growing, and working better together, exercise creates the best environment for that process to occur."

John J. Ratey, clinical associate professor of psychiatry at Harvard Medical School

2016-2017 Interscholastic Sports Schedule

Next year the POB CSD will begin school on September 7th. I have copied the 2016-2017 Nassau County Interscholastic Sports schedule for your review. These dates have been approved and are final. Please remember that JV and Varsity do practice during school vacations and students are required to attend.

Fall Sports

JV and Varsity Football – August 15th

All other JV and Varsity Sports—August 22nd

All Middle School Sports—September 7th

Winter Sports

Varsity and JV Wrestling and Cheerleading—November 7th

All other JV and Varsity Sports—November 14th

All Winter 1 Middle School Sports—November 2nd

All Winter 2 Middle School Sports—January 17th

Spring Sports

B/G Lax, Baseball, Softball, B/G Track—March 6th

B/G Golf, B Tennis—March 13th

All Middle School Spring Sports—March 28th

For more information please go to Athletic Website



NYSPHSAA Scholar Athlete Team Award



One of the core values of the Plainview-Old Bethpage Athletic Department is that *"Every student athlete and coach will aim for, pursue and achieve high academic standards"*.

Once again our student athletes and coaches worked hard to ensure that 100% of the Varsity teams earned the distinction of NYSPHSAA Scholar Athlete Team. This award is given to

teams that meet various criteria and have finished with a GPA of 90% or higher. This award is a great achievement for any interscholastic athletic team and demonstrates a true commitment to education from our student athletes, coaches, teachers and support staff.

This Spring season the following teams earned the **NYSPHSAA Scholar Athlete Team**

Award: Boys' and Girls' Lacrosse, Boys' and Girls' Outdoor Track, Boys' and Girls' Golf, Boys' Tennis, Baseball and Softball.

"Grit is passion and perseverance for very long-term goals. Grit is having stamina. Grit is sticking with your future, day-in, day-out. Not just for the week, not just for the month, but for years. And working really hard to make that future a reality. "

Angela Lee Duckworth

2015-2016 End of the Year Awards

STUDENT ATHLETE AWARD

BRENDAN FITZPATRICK
(FOOTBALL, BASKETBALL)

JAMIE SIMON
(GYMNASTICS)

SCHOLAR ATHLETE AWARD

EVAN LANDER
(VOLLEYBALL, TENNIS)

JAMIE SIMON
(GYMNASTICS)

HEART OF THE HAWK AWARD

ZAHAL AFGHANZADA
(LACROSSE)

ERIN CURRAN
(WINTER TRACK)

BRENT ISRAEL
(SWIMMING AND DIVING)

KATHY SALERNO
(COACH)

CORY WOLIN
(GOLF)

ALYSSA BRANDOFINO
(ATHLETIC TRAINER)

NOELLE FUGGINI
(SWIMMING AND DIVING)

ASHLEY PAJER
(GOLF)

CAITLIN TRANCHO
(VOLLEYBALL)



2015-2016 End of the Year Awards

UNSUNG HERO AWARD

ATHENA ALTADONNA
(SOFTBALL)

MICHAEL ARROW
(BOWLING)

BARBARA BADEER
(OUTDOOR TRACK)

JUSTIN CONROY
(GOLF)

ERIN CURRAN
(LACROSSE)

KATIE HORNSTEIN
(VOLLEYBALL)

ASHLEY PAJER
(GOLF)

BRANDON PARK
(OUTDOOR TRACK)

RENNE PETELIS
(SOCCER)

MARA ROBINSON
(SWIMMING AND DIVING)

ANDREW SCALIA
(VOLLEYBALL)

BRYAN SAFER
(BASEBALL)

JOSH WOLIN
(GOLF)



2015-2016 Winter Team MVPs

JUNIOR VARSITY TEAM MVPS

JAMES KRONBERG-BOYS' TENNIS

MAX BRACCIA-BASEBALL

TIMOTHY REA-BOYS' LACROSSE

MICHAEL GUSTAFSON-BOYS' GOLF

VARSITY TEAM MVPs

YUVAL SOLOMON-BOYS' TENNIS

MARK FAELLO-BASEBALL

KEVIN PASTIER-BOYS' LACROSSE

JULIA COSTARELLA-SOFTBALL

JOSH WOO-BOYS' OUTDOOR TRACK

SINEAD HEANEY-GIRLS' OUTDOOR TRACK

CORINNE BADEER-GIRLS' LACROSSE

DAN LEE-BOYS' GOLF

TINA CARDULLO-GIRLS' GOLF



2015-2016 Spring Post Season Award Winners

All-American

Yuval Solomon (JR) Boys' Tennis

All- County

Mark Faello (Soph) Baseball

Justin Kimmel (JR) Baseball

Daniel Lee (JR) Boys' Golf

Honorable Mention All-County

CJ Mazzochi (SR) Boys' Lacrosse

Victoria Overbeck (JR) Softball

Emily Bartoletta (JR) Softball

Sarah Teper (SOPH) Softball

All- Conference

Samantha Fried (FR) Softball

Melissa O'Reilly (SR) Softball

Lauren Healy (JR) Girls' Lacrosse

Corinne Badeer (SOPH) Girls' Lacrosse

Alli Cassano (FR) Girls' Lacrosse

Tyler Marinaccio (SOPH) Baseball

Matt Butigan (JR) Baseball

Kevin Pastier (SR) Boys' Lacrosse

All League

Brain Maloney (SR) Baseball

All Division

Josh Woo (SR) Boys' Outdoor Track

Zach Gorfinkel Boys' Tennis

Nick Dechiaro Boys' Tennis

Evan Lander (SR) Boys' Tennis

David Weissman Boys' Tennis

2015-2016 Wall of Fame Inductees

ALL-AMERICAN

MIRANDA LUND

GYMNASTICS

SOPHOMORE

YUVAL SOLOMON

BOYS' TENNIS

JUNIOR

ALL - STATE

JAMIE SIMON

GYMNASTICS

SENIOR

RENEE VULIN

GYMNASTICS

SOPHOMORE

HONORABLE MENTION ALL-STATE

BRENDAN FITZPATRICK

BASKETBALL

SENIOR



2015-2016 Wall of Fame Inductees

All County

Michael Arrow (SR) All-County
Sari Arrow (FR) Girls' Bowling
Maria Coniglio (SR) Girls' Volleyball
Mike Faello (SOPH) Baseball
David Geyer (SR) Boys' Soccer
Bryan Hirsch (SOPH) Boys' Bowling
Phil Jankowitz (SOPH) Boys' Bowling
Amanda King (SR) Girls' Soccer
Aaron Kim (SR) Boys' Volleyball
Danny Kim (JR) Boys' Volleyball
Justin Kimmel (JR) Baseball
Evan Lander (SR) Boys' Volleyball
Daniel Lee (JR) Boys' Golf
Jesse Lindell (JR) Boys' Bowling
Brian Maloney (SR) Boys' Volleyball
Nico Mueller (SR) Football
Peter Pappas (JR) Wrestling
Ethan Scher (SR) Boys' Soccer
Jake Trembley (SOPH) Boys' Swimming and Diving
Jamie Yonkers (SOPH) Girls' Volleyball

Honorable All-Mention All-County

Tyler Altschul (SR) Boys' Soccer
Emily Bartoletta (JR) Softball
Ethan Klein (JR) Boys' Volleyball
Max Schulman (JR) Boys' Volleyball
Victoria Overbeck (JR) Softball
Sarah Teper (Soph) Softball
CJ Mazzocchi (SR) Boys' Lacrosse



Girls' Outdoor Tack Records

<u>Event</u>	<u>Name</u>	<u>Time/Dis</u>	<u>Year</u>
4x400	S. Otaka	4:46.0	5/12
	S Sethi		
	J Pantell		
	E Schreiber		
4x800	D Segal	10:49.9	5/07
	E Yi		
	J Gentil		
	M Levy		
SMR	S Ahlante	2:08.5	5/07
	E Yi		
	J Gentile		
	M Levy		
SMR F/S	C Krinstler	2:09.5	4/08
	J Passes		
	A Picciurro		
	M Rizzo		
DMR	J Gentile	14:12.7	4/08
	M Rizzo		
	L Solomon		
	L Whittlin		
DMR F/S	K Wallach	14:19.5	5/10
	E Otaka		
	A Hedgecock		
	A Gungor		
Long Jump	A Gungor	16' 1.25"	5/11
Triple Jump	A Gungor	33' 1.75"	5/11
High Jump	A Picciurro	5'0"	4/09
	A Gungor		4/10



Girls' Outdoor Track Records

<u>Event</u>	<u>Name</u>	<u>Time/Dis</u>	<u>Year</u>
100 M	B. Goldfeder	12.7	5/99
110 HH	J Best	18.1	5/07
200 M	B D'Angelis	27.3	5/06
400 M	M. Levy	59.9	5/07
400 IH	H Karcz	74.9	4/13
800 M	J. Gentile	2:25.0	5/08
1500 M	J Gentile	4:57.9	5/08
1500 Walk	V Smith	8:27	5/06
Mile	J Getile	5:36.2	5/08
3000 M	B Rabinovici	11:17	5/98
Steeple	E Tropiano	8:07	5/05
4x100	S Ahlante	52.5	5/07
	M Levy		
	B D'Angelis		
	J Passes		
4x100 F/S	S Ahlante	54.1	5/05
	C Russoles		
	A Delman		
	L Singer		
4x200	L Singer	1:55.4	4/06
	C Russoles		
	S Ahlante		
	M Levy		
Shot Put	E Strack	29'11"	3/14
Discus	T Logan	81'3"	5/06
Pole Vault	R Feinman	8'6"	4/12
	J Pantell		5/15

**Boys' Outdoor Tack Records**

<u>Event</u>	<u>Name</u>	<u>Time/Dis</u>	<u>Year</u>
4x 1600	S Larosa M Ferrone L Dietchweiler W Descovitch	22:37.3	3/29/08
SMR	L Krzeczio K Crean J Allen P Kim	1:50.1	4/06
DMR	L Flanagan K Crean S LaRosa D Turner	12:24.1	5/06
MMR	A Ercolano M Mellina M Scalia M Trojanowski	3:58.0	4/11/13
Shot Put	J Siragusa	38'5.5"	4/06
Discus	K Crean	122'	5/07
Long Jump	B Park	19'9"	4/12/16
Triple Jump	D Kim	39'11"	2011
High Jump	M Benjamin	6'2"	4/2/11
Pole Vault	J Siragusa	9'0"	5/06



Boys' Outdoor Track Records

<u>Event</u>	<u>Name</u>	<u>Time/Dis</u>	<u>Year</u>
100 M	W Zuckerberg	11.2	4/12/16
110 HH	D Landau	16.3	5/06
200 M	M Newman	23.2	4/07
400 M	I Clar	52.2	3/04
400 IH	C Whalen	61.1	4/07
800 M	M Ferone	2:06.7	4/20/10
1600 M	M Ferone	4:39.2	4/20/10
3200 M	M Ferone	9:51.4	5/17/10
Steeple	M Ferone	9:53.1	6/2/10
4x100	M Gullota C Dender M Mellina A Ercolano	46.6	5/22/13
4x200	C Casamassina J Siragusa S Kaminker T Messina	1:46	4/05
4x400	A Ercolano J Gruttaduria K Castillo J Mass	3:46.9	5/1/12



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2016-2017 Interscholastic Season Start Dates

Fall Sports

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Support POB Athletics and Athletes

**Join the POB ATHLETICS BOOSTER CLUB
Today!**

The Booster Club supports our student athletes through
scholarships, donations, special events and much, much more.
Download a membership form on the POB Athletics Website.

HOME OF THE HAWKS

Additional Post Season Awards—Sport Specific

Boys' Lacrosse

Coach of the Year—Chris Rogler

Boys' Tennis

Newsday—1st Team All-Long Island and Player of the Year
Yuval Solomon

